

**Comprehensive
Mental Health
Services
for the
Blackstone
Valley**

**Professional Affiliations of
our Staff:**

American Psychological Association

American Psychiatric Association

American Medical Association

*National Association of Social
Workers*

*National Association for Certified
Mental Health Counselors*

Rhode Island Psychological Assoc.

Rhode Island Medical Association

Rhode Island Psychiatric Assoc.

*Rhode Island Mental Health
Counselors Association*



PLAZA

PSYCHOLOGY & PSYCHIATRY, INC.

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For the past several years, Plaza Psychology & Psychiatry has been providing private, high quality mental health services to a wide variety of clients in the Blackstone Valley area. Throughout these years, we have helped thousands of individuals and families through difficult emotional adjustments. The integration of psychologists, psychiatrists, social workers and trained technicians who are readily available to our clients, make our services friendly, efficient, and highly therapeutic. Our numerous satisfied clients and their referrals have enabled us to continue to expand our services into specialized areas of Mental Health.

We offer complete Mental Health services, for individual and families, to a wide variety of adult populations, to children, the elderly, and to the business community. In addition, we offer specialized services which can be provided onsite at institutions or at our offices in Woonsocket. Most

of our services are covered in whole or partly by most health insurance plans.

Providing effective treatment for our clients begins with an appropriate and thorough assessment. A correct diagnosis is essential before any effective treatment is begun. Behavioral disorders can be the result of biological problems or other complex psychosocial issues. Our clinicians consider the client's perspective as well as objective measures of daily functioning as an integral part of our consultations, diagnoses, and treatment plans.

Testing is an invaluable tool to help determine psychological, medical, educational and vocational needs. Psychological, Educational and Personality test instruments aid in the correct understanding of psychological and biologically based dysfunctions.

We also offer Behavioral Medicine programs to address some of the

psychological factors contributing to a wide variety of medical problems.

Mental Health Services provided by our professionals at Plaza Psychology & Psychiatry are listed below:

Psychiatry:

Medical Evaluations
Medication Management
Psychotherapy

Psychology:

Evaluations and Assessments
Psychological Testing
Individual and Family Therapy
Substance Abuse Treatment
Behavior Modification
Behavioral Medicine
Parenting Workshops

Social Work:

Individual and Family Therapy
Substance Abuse Treatment